

## Cancer Resources offered by the American Cancer Society

### Cancer Patient Services/Programs:

***Breast and Cervical Cancer Project (BCCP):*** Mammogram & Pap Test Screenings based on eligibility requirements: Age 50 plus for a mammogram; 40 plus for a Pap Test; limited income; no health insurance.

Contact: A Woman First, 1-800-929-6626

***Patient Navigator:*** Assists patients, families, and caregivers in navigating systems needed throughout the cancer journey including, but not exclusive to medical, financial, social, and emotional support.

***I Can Cope:*** On-line cancer education and support information for cancer patients, families, and caregivers. Topics include: coping with cancer, accessing needed resources, handling financial matters, nutrition and pain management.

***Reach to Recovery:*** Provides support and information to breast cancer patients. Breast cancer patient receives a personal visit or phone call from a breast cancer survivor.

***Road to Recovery:*** Provides transportation help for people going through cancer treatment.\*

***Man to Man:*** Support group for men and their loved ones dealing with issues related to prostate cancer.

Current programs are offered at St. Anne's and St. Luke's.

***Look Good...Feel Better:*** Licensed volunteer cosmetologists teach woman going through cancer treatment techniques to help restore their appearance and self-image. All participants undergoing current treatment receive a complimentary make-up kit. Sessions are offered at multiple hospitals in the area.

***National Cancer Information Center (NCIC):*** All encompassing, 24/7 call center addressing any cancer related question. [www.cancer.org](http://www.cancer.org) or 1-800-227-2345

## **Cancer Prevention Programs/Education:**

***Body & Soul:*** Free program designed specifically for African American churches in the quest for cancer prevention through better nutrition.

***Let's Talk About It:*** A prostate health education program for African American Men.

***Healthy Business Programs:*** A variety of FREE worksite health promotion programs aimed at cancer education and prevention to enhance the health of employees.

***Great American Health Check:*** On-line survey that provides a personalized health action plan which includes a list of recommended cancer screenings, lifestyle modifications and general health information. [www.cancer.org/healthcheck](http://www.cancer.org/healthcheck)

\*For information on any of the above services please call

1-888-227-6446 X5104



**THE OFFICIAL SPONSOR OF BIRTHDAYS.™**